The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure (73-905) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at www.uhcfeds.com and view the Glossary at www.uhcfeds.com. You can call 1-877-835-9861 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$500 /Self Only,\$1,000 /Self Plus One, \$1,000 /Self and Family in- network; \$3,000 Self Only, \$6,000 Self Plus One, \$6,000 Self and Family out-of-network	See the Common Medical Events chart below for your costs and services this plan covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes	Primary Care visits, specialist visits, virtual visits, preventive care visits (in-network) are covered before you meet your deductible. See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u>
Are there other <u>deductibles</u> for specific services?	Yes	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services. Pharmacy Tier 3 and Tier 4 have a separate deductible of \$250 Self Only and \$500 Self Plus One or Self and Family. There are no other deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$7,350 Self Only/ \$14,700 Self Plus One or Self and Family in- network; \$15,000 Self Only, \$30,000 Self Plus One, \$30,000 Self and Family out-of-network	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services.
What is not included in the <u>out-of-pocket limit</u> ?	Chiropractic services; not covered services, premiums, charges that exceed day or dollar limit; balance billing charges	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.uhc.com</u> or <u>www.uhcfeds.com</u> or call 1-877- 835-9861 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . If you use an <u>out-of-network provider</u> you may receive a bill from the provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network</u>



		provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	This plan will pay some or all of the costs to see a specialist for covered services. She the chart on page 2 for how this plan pays different kinds of providers.

A

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a deductible applies.

		What You W	ill Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
lf you visit a health	Primary care visit to treat an injury or illness	\$0 all ages/visit	\$0 all ages/visit	+ = Out-of-Network (OON) - plus charges that exceed our plan allowance (this note applies to all OON benefits	
care <u>provider's</u> office or clinic	<u>Specialist</u> visit	\$60 copay/visit (not subject to deductible)	40% coinsurance +		
	Preventive care/screening/ immunization	Nothing	Nothing	Services must be billed as preventive	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	40% coinsurance +		
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance +	Prior authorization required	
	Tier 1 - up to 30-days at retail	\$ 5/prescription	\$ 5/prescription		
If you need drugs to treat your illness or	Tier 2 - up to 30-days at retail	\$ 50/prescription	\$ 50/prescription		
condition More information about <u>prescription drug</u> <u>coverage</u> is available at www.uhcfeds.com	Tier 3 - up to 30-days at retail	\$ 100/prescription *	\$ 100/prescription *	*Pharmacy deductible of \$250 Self Only, \$500 Self Plus One and Self and Family applies to Tier 3 and Tier 4 only	
	Tier 4 - up to 30-days at retail	\$ 150/prescription*	\$ 150/prescription*	*Pharmacy deductible of \$250 Self Only, \$500 Self Plus One and Self and Family applies to Tier 3 and Tier 4 only	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance +		
surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance +		
	Emergency room care	20% coinsurance	40% coinsurance +	Waived if admitted	

		What You W	/ill Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
If you need immediate	Emergency medical transportation	20% coinsurance	40% coinsurance +		
medical attention	Urgent care	\$50 copay/visit (not subject to deductible)	40% coinsurance +		
lf you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance +		
Suy	Physician/surgeon fees	20% coinsurance	40% coinsurance +		
lf you need mental health, behavioral	Outpatient services – office visits	20% coinsurance	40% coinsurance +	Facility based treatment 20% coinsurance	
health, or substance abuse services	Inpatient services	20% coinsurance	40% coinsurance +	ABA - refer to FEHB brochure	
	Office visits	\$60 specialist copay for 1 st visit (not subject to deductible)	40% coinsurance +		
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% coinsurance +		
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance +		
	Home health care	20% coinsurance	40% coinsurance +	Must contain a medical component;	
If you need help	Rehabilitation services	20% coinsurance	40% coinsurance +	Visit limitations	
recovering or have	Habilitation services	20% coinsurance	40% coinsurance +	Subject to medical necessity	
other special health	Skilled nursing care	20% coinsurance	40% coinsurance +	In facility 60 days per year	
needs	Durable medical equipment	20% coinsurance	40% coinsurance +	Some prior auth required	
	Hospice services	20% coinsurance	40% coinsurance +		
If your child needs	Children's eye exam	\$0 copay	40% coinsurance +	Routine eye exam is preventive care	
dental or eye care	Children's glasses	Not covered	Not Covered	See Non-FEHB benefits	
	Children's dental check-up	Not covered	Not Covered	See Non-FEHB benefits	

Cosmetic procedures Dental care Adults Dental care children	 Infertility treatments Long-term care Non-emergency care when traveling outside of the US 	 Private-duty nursing Routine foot care covered for diabetics only Services that exceed day limit
Other Covered Services (Limitations n Acupuncture	nay apply to these services. This isn't a complete list. Please see	your FEHB Plan brochure.)
 Bariatric surgery Chiropractic care 	 Hearing Aids Non-FEHB PPO dental – children and adults 	Real Appeal (Weight Loss)Routine Eye care

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 877-835-9861 or visit. <u>www.opm.gov/healthcare-insurance/healthcare/</u>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact:.

Does this plan provide Minimum Essential Coverage? [Yes]

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? [Yes]

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services: [Spanish (Español): Para obtener asistencia en Español, llame al 877-835-9861.] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 877-835-9861.] [Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 877-835-9861.] [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 877-835-9861.]

For more information about limitations and exceptions, see the FEHB Plan brochure 73-905 at www.uhcfeds.com.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Bal (9 months of in-network pre-natal hospital delivery)		Managing Joe's type 2 Diab (a year of routine in-network care of controlled condition)		Mia's Simple Fracture (in-network emergency room visit an up care)	
 The plan's overall <u>deductible</u> <u>Specialist [cost sharing</u>] Hospital (facility) [<u>cost sharing</u>] Other [<u>cost sharing</u>] This EXAMPLE event includes serv Specialist office visits (prenatal care) 		 The plan's overall <u>deductible</u> <u>Specialist</u> [cost sharing] Hospital (facility) [cost sharing] Other [cost sharing] This EXAMPLE event includes service: Primary care physician office visits (include) 		 The plan's overall <u>deductible</u> <u>Specialist [cost sharing</u>] Hospital (facility) [cost sharing] Other [cost sharing] This EXAMPLE event includes serv Emergency room care (including mediation) 	
Childbirth/Delivery Professional Servic Childbirth/Delivery Facility Services	ces	disease education) Diagnostic tests (blood work)		supplies) Diagnostic tost (v. rav)	
	od work)			<u>Diagnostic test</u> (x-ray) Durable medical equipment (crutches))
<u>Diagnostic tests</u> (<i>ultrasounds and bloc</i> <u>Specialist</u> visit (<i>anesthesia</i>)	od work)	<u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose met	er)	<u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical thera	
Diagnostic tests (ultrasounds and bloc	od work) \$12,700	Prescription drugs	ter) \$5,600	Durable medical equipment (crutches)	
<u>Diagnostic tests</u> (<i>ultrasounds and bloc</i> <u>Specialist</u> visit (anesthesia)		Prescription drugs Durable medical equipment (glucose met		Durable medical equipment (crutches) Rehabilitation services (physical thera	ру)
<u>Diagnostic tests</u> (ultrasounds and bloc <u>Specialist</u> visit (anesthesia) Total Example Cost		Prescription drugs Durable medical equipment (glucose met Total Example Cost		Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost	ру)
<u>Diagnostic tests</u> (ultrasounds and bloc <u>Specialist</u> visit (anesthesia) Total Example Cost In this example, Peg would pay:		Prescription drugs Durable medical equipment (glucose met Total Example Cost In this example, Joe would pay:		Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay:	ру)
<u>Diagnostic tests</u> (ultrasounds and bloc <u>Specialist</u> visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing	\$12,700	Prescription drugs Durable medical equipment (glucose met Total Example Cost In this example, Joe would pay: Cost Sharing	\$5,600	Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing	py) \$2,800
Diagnostic tests (ultrasounds and bloc Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles	\$12,700 \$500	Prescription drugs Durable medical equipment (glucose met Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles	\$5,600	Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles	py) \$2,800
Diagnostic tests (ultrasounds and bloc Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles Copayments	\$12,700 \$500 \$60 \$2,500	Prescription drugs Durable medical equipment (glucose met Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles Copayments	\$5,600 \$500 \$400	Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles Copayments	py) \$2,800 \$500 \$10
Diagnostic tests (ultrasounds and bloc Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles Copayments Coinsurance	\$12,700 \$500 \$60 \$2,500	Prescription drugs Durable medical equipment (glucose met Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles Copayments Coinsurance	\$5,600 \$500 \$400	Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles Copayments Coinsurance	py) \$2,800 \$500 \$10

Glossary of Health Coverage and Medical Terms

- This glossary defines many commonly used terms, but isn't a full list. These glossary terms and definitions are intended to be educational and may be different from the terms and definitions in your <u>plan</u> or <u>health insurance</u> policy. Some of these terms also might not have exactly the same meaning when used in your policy or <u>plan</u>, and in any case, the policy or <u>plan</u> governs. (See your Summary of Benefits and Coverage for information on how to get a copy of your policy or <u>plan</u> document.)
- <u>Underlined</u> text indicates a term defined in this Glossary.
- See page 6 for an example showing how <u>deductibles</u>, <u>coinsurance</u> and <u>out-of-pocket limits</u> work together in a real life situation.

Allowed Amount

This is the maximum payment the <u>plan</u> will pay for a covered health care service. May also be called "eligible expense," "payment allowance," or "negotiated rate."

Appeal

A request that your health insurer or <u>plan</u> review a decision that denies a benefit or payment (either in whole or in part).

Balance Billing

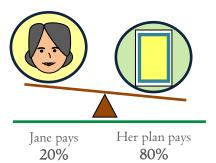
When a <u>provider</u> bills you for the balance remaining on the bill that your <u>plan</u> doesn't cover. This amount is the difference between the actual billed amount and the <u>allowed amount</u>. For example, if the provider's charge is \$200 and the allowed amount is \$110, the provider may bill you for the remaining \$90. This happens most often when you see an <u>out-of-network provider</u> (<u>non-preferred</u> <u>provider</u>). A <u>network provider</u> (<u>preferred provider</u>) may not balance bill you for covered services.

Claim

A request for a benefit (including reimbursement of a health care expense) made by you or your health care <u>provider</u> to your health insurer or <u>plan</u> for items or services you think are covered.

Coinsurance

Your share of the costs of a covered health care service, calculated as a percentage (for example, 20%) of the <u>allowed amount</u> for the service. You generally pay coinsurance *plus* any <u>deductibles</u> you



(See page 6 for a detailed example.)

owe. (For example, if the <u>health insurance</u> or <u>plan's</u> allowed amount for an office visit is \$100 and you've met your <u>deductible</u>, your coinsurance payment of 20% would be \$20. The <u>health insurance</u> or <u>plan</u> pays the rest of the allowed amount.)

Complications of Pregnancy

Conditions due to pregnancy, labor, and delivery that require medical care to prevent serious harm to the health of the mother or the fetus. Morning sickness and a nonemergency caesarean section generally aren't complications of pregnancy.

Copayment

A fixed amount (for example, \$15) you pay for a covered health care service, usually when you receive the service (sometimes called "copay"). The amount can vary by the type of covered health care service.

Cost Sharing

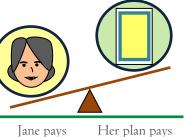
Your share of costs for services that a <u>plan</u> covers that you must pay out of your own pocket (sometimes called "out-of-pocket costs"). Some examples of cost sharing are <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. Family cost sharing is the share of cost for <u>deductibles</u> and <u>outof-pocket</u> costs you and your spouse and/or child(ren) must pay out of your own pocket. Other costs, including your <u>premiums</u>, penalties you may have to pay, or the cost of care a <u>plan</u> doesn't cover usually aren't considered cost sharing.

Cost-sharing Reductions

Discounts that reduce the amount you pay for certain services covered by an individual <u>plan</u> you buy through the <u>Marketplace</u>. You may get a discount if your income is below a certain level, and you choose a Silver level health plan or if you're a member of a federallyrecognized tribe, which includes being a shareholder in an Alaska Native Claims Settlement Act corporation.

Deductible

An amount you could owe during a coverage period (usually one year) for covered health care services before your <u>plan</u> begins to pay. An overall deductible applies to all or almost all covered items and services. A <u>plan</u> with an overall deductible may



 IO0%
 0%

(See page 6 for a detailed example.)

also have separate deductibles that apply to specific services or groups of services. A <u>plan</u> may also have only separate deductibles. (For example, if your deductible is \$1000, your plan won't pay anything until you've met your \$1000 deductible for covered health care services subject to the deductible.)

Diagnostic Test

Tests to figure out what your health problem is. For example, an x-ray can be a diagnostic test to see if you have a broken bone.

Durable Medical Equipment (DME)

Equipment and supplies ordered by a health care <u>provider</u> for everyday or extended use. DME may include: oxygen equipment, wheelchairs, and crutches.

Emergency Medical Condition

An illness, injury, symptom (including severe pain), or condition severe enough to risk serious danger to your health if you didn't get medical attention right away. If you didn't get immediate medical attention you could reasonably expect one of the following: I) Your health would be put in serious danger; or 2) You would have serious problems with your bodily functions; or 3) You would have serious damage to any part or organ of your body.

Emergency Medical Transportation

Ambulance services for an <u>emergency medical condition</u>. Types of emergency medical transportation may include transportation by air, land, or sea. Your <u>plan</u> may not cover all types of emergency medical transportation, or may pay less for certain types.

Emergency Room Care / Emergency Services

Services to check for an <u>emergency medical condition</u> and treat you to keep an <u>emergency medical condition</u> from getting worse. These services may be provided in a licensed hospital's emergency room or other place that provides care for <u>emergency medical conditions</u>.

Excluded Services

Health care services that your <u>plan</u> doesn't pay for or cover.

Formulary

A list of drugs your <u>plan</u> covers. A formulary may include how much your share of the cost is for each drug. Your <u>plan</u> may put drugs in different <u>cost-sharing</u> levels or tiers. For example, a formulary may include generic drug and brand name drug tiers and different <u>costsharing</u> amounts will apply to each tier.

Grievance

A complaint that you communicate to your health insurer or <u>plan</u>.

Habilitation Services

Health care services that help a person keep, learn or improve skills and functioning for daily living. Examples include therapy for a child who isn't walking or talking at the expected age. These services may include physical and occupational therapy, speech-language pathology, and other services for people with disabilities in a variety of inpatient and/or outpatient settings.

Health Insurance

A contract that requires a health insurer to pay some or all of your health care costs in exchange for a <u>premium</u>. A health insurance contract may also be called a "policy" or "<u>plan</u>."

Home Health Care

Health care services and supplies you get in your home under your doctor's orders. Services may be provided by nurses, therapists, social workers, or other licensed health care <u>providers</u>. Home health care usually doesn't include help with non-medical tasks, such as cooking, cleaning, or driving.

Hospice Services

Services to provide comfort and support for persons in the last stages of a terminal illness and their families.

Hospitalization

Care in a hospital that requires admission as an inpatient and usually requires an overnight stay. Some <u>plans</u> may consider an overnight stay for observation as outpatient care instead of inpatient care.

Hospital Outpatient Care

Care in a hospital that usually doesn't require an overnight stay.

In-network Coinsurance

Your share (for example, 20%) of the <u>allowed amount</u> for covered health care services. Your share is usually lower for in-network covered services.

In-network Copayment

A fixed amount (for example, \$15) you pay for covered health care services to <u>providers</u> who contract with your <u>health insurance</u> or <u>plan</u>. In-network copayments usually are less than <u>out-of-network copayments</u>.

Marketplace

A marketplace for <u>health insurance</u> where individuals, families and small businesses can learn about their <u>plan</u> options; compare plans based on costs, benefits and other important features; apply for and receive financial help with <u>premiums</u> and <u>cost sharing</u> based on income; and choose a <u>plan</u> and enroll in coverage. Also known as an "Exchange." The Marketplace is run by the state in some states and by the federal government in others. In some states, the Marketplace also helps eligible consumers enroll in other programs, including Medicaid and the Children's Health Insurance Program (CHIP). Available online, by phone, and in-person.

Maximum Out-of-pocket Limit

Yearly amount the federal government sets as the most each individual or family can be required to pay in <u>cost</u> <u>sharing</u> during the <u>plan</u> year for covered, in-network services. Applies to most types of health <u>plans</u> and insurance. This amount may be higher than the <u>out-of-</u> <u>pocket limits</u> stated for your <u>plan</u>.

Medically Necessary

Health care services or supplies needed to prevent, diagnose, or treat an illness, injury, condition, disease, or its symptoms, including habilitation, and that meet accepted standards of medicine.

Minimum Essential Coverage

Minimum essential coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of minimum essential coverage, you may not be eligible for the <u>premium tax credit</u>.

Minimum Value Standard

A basic standard to measure the percent of permitted costs the <u>plan</u> covers. If you're offered an employer <u>plan</u> that pays for at least 60% of the total allowed costs of benefits, the <u>plan</u> offers minimum value and you may not qualify for <u>premium tax credits</u> and <u>cost-sharing</u> <u>reductions</u> to buy a <u>plan</u> from the <u>Marketplace</u>.

Network

The facilities, <u>providers</u> and suppliers your health insurer or <u>plan</u> has contracted with to provide health care services.

Network Provider (Preferred Provider)

A <u>provider</u> who has a contract with your <u>health insurer</u> or <u>plan</u> who has agreed to provide services to members of a <u>plan</u>. You will pay less if you see a <u>provider</u> in the <u>network</u>. Also called "preferred provider" or "participating provider."

Orthotics and Prosthetics

Leg, arm, back and neck braces, artificial legs, arms, and eyes, and external breast prostheses after a mastectomy. These services include: adjustment, repairs, and replacements required because of breakage, wear, loss, or a change in the patient's physical condition.

Out-of-network Coinsurance

Your share (for example, 40%) of the <u>allowed amount</u> for covered health care services to <u>providers</u> who don't contract with your <u>health insurance</u> or <u>plan</u>. Out-of-network coinsurance usually costs you more than <u>in-</u><u>network coinsurance</u>.

Out-of-network Copayment

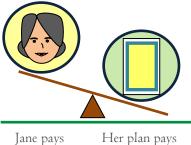
A fixed amount (for example, \$30) you pay for covered health care services from <u>providers</u> who do *not* contract with your <u>health insurance</u> or <u>plan</u>. Out-of-network copayments usually are more than <u>in-network</u> <u>copayments</u>.

Out-of-network Provider (Non-Preferred Provider)

A <u>provider</u> who doesn't have a contract with your <u>plan</u> to provide services. If your <u>plan</u> covers out-of-network services, you'll usually pay more to see an out-of-network provider than a <u>preferred provider</u>. Your policy will explain what those costs may be. May also be called "non-preferred" or "non-participating" instead of "outof-network provider."

Out-of-pocket Limit

The most you *could* pay during a coverage period (usually one year) for your share of the costs of covered services. After you meet this limit the <u>plan</u> will usually pay 100% of the <u>allowed amount</u>. This limit helps you plan for



Í 100%

(See page 6 for a detailed example.)

health care costs. This limit never includes your premium, balance-billed charges or health care your <u>plan</u> doesn't cover. Some <u>plans</u> don't count all of your <u>copayments</u>, <u>deductibles</u>, <u>coinsurance</u> payments, out-ofnetwork payments, or other expenses toward this limit.

0%

Physician Services

Health care services a licensed medical physician, including an M.D. (Medical Doctor) or D.O. (Doctor of Osteopathic Medicine), provides or coordinates.

Plan

Health coverage issued to you directly (individual plan) or through an employer, union or other group sponsor (employer group plan) that provides coverage for certain health care costs. Also called "health insurance plan," "policy," "health insurance policy," or "<u>health insurance</u>."

Preauthorization

A decision by your health insurer or <u>plan</u> that a health care service, treatment plan, <u>prescription drug</u> or <u>durable</u> <u>medical equipment (DME)</u> is <u>medically necessary</u>. Sometimes called "prior authorization," "prior approval," or "precertification." Your <u>health insurance</u> or <u>plan</u> may require preauthorization for certain services before you receive them, except in an emergency. Preauthorization isn't a promise your <u>health insurance</u> or <u>plan</u> will cover the cost.

Premium

The amount that must be paid for your <u>health insurance</u> or <u>plan</u>. You and/or your employer usually pay it monthly, quarterly, or yearly.

Premium Tax Credits

Financial help that lowers your taxes to help you and your family pay for private <u>health insurance</u>. You can get this help if you get <u>health insurance</u> through the <u>Marketplace</u> and your income is below a certain level. Advance payments of the tax credit can be used right away to lower your monthly <u>premium</u> costs.

Prescription Drug Coverage

Coverage under a <u>plan</u> that helps pay for <u>prescription</u> <u>drugs</u>. If the plan's <u>formulary</u> uses "tiers" (levels), prescription drugs are grouped together by type or cost. The amount you'll pay in <u>cost sharing</u> will be different for each "tier" of covered <u>prescription drugs</u>.

Prescription Drugs

Drugs and medications that by law require a prescription.

Preventive Care (Preventive Service)

Routine health care, including <u>screenings</u>, check-ups, and patient counseling, to prevent or discover illness, disease, or other health problems.

Primary Care Physician

A physician, including an M.D. (Medical Doctor) or D.O. (Doctor of Osteopathic Medicine), who provides or coordinates a range of health care services for you.

Primary Care Provider

A physician, including an M.D. (Medical Doctor) or D.O. (Doctor of Osteopathic Medicine), nurse practitioner, clinical nurse specialist, or physician assistant, as allowed under state law and the terms of the <u>plan</u>, who provides, coordinates, or helps you access a range of health care services.

Provider

An individual or facility that provides health care services. Some examples of a provider include a doctor, nurse, chiropractor, physician assistant, hospital, surgical center, skilled nursing facility, and rehabilitation center. The <u>plan</u> may require the provider to be licensed, certified, or accredited as required by state law.

Reconstructive Surgery

Surgery and follow-up treatment needed to correct or improve a part of the body because of birth defects, accidents, injuries, or medical conditions.

Referral

A written order from your <u>primary care provider</u> for you to see a <u>specialist</u> or get certain health care services. In many health maintenance organizations (HMOs), you need to get a referral before you can get health care services from anyone except your <u>primary care provider</u>. If you don't get a referral first, the <u>plan</u> may not pay for the services.

Rehabilitation Services

Health care services that help a person keep, get back, or improve skills and functioning for daily living that have been lost or impaired because a person was sick, hurt, or disabled. These services may include physical and occupational therapy, speech-language pathology, and psychiatric rehabilitation services in a variety of inpatient and/or outpatient settings.

Screening

A type of <u>preventive care</u> that includes tests or exams to detect the presence of something, usually performed when you have no symptoms, signs, or prevailing medical history of a disease or condition.

Skilled Nursing Care

Services performed or supervised by licensed nurses in your home or in a nursing home. Skilled nursing care is **not** the same as "skilled care services," which are services performed by therapists or technicians (rather than licensed nurses) in your home or in a nursing home.

Specialist

A <u>provider</u> focusing on a specific area of medicine or a group of patients to diagnose, manage, prevent, or treat certain types of symptoms and conditions.

Specialty Drug

A type of <u>prescription drug</u> that, in general, requires special handling or ongoing monitoring and assessment by a health care professional, or is relatively difficult to dispense. Generally, specialty drugs are the most expensive drugs on a <u>formulary</u>.

UCR (Usual, Customary and Reasonable)

The amount paid for a medical service in a geographic area based on what <u>providers</u> in the area usually charge for the same or similar medical service. The UCR amount sometimes is used to determine the <u>allowed</u> <u>amount</u>.

Urgent Care

Care for an illness, injury, or condition serious enough that a reasonable person would seek care right away, but not so severe as to require <u>emergency room care</u>.

How You and Your Insurer Share Costs - Example

more

costs

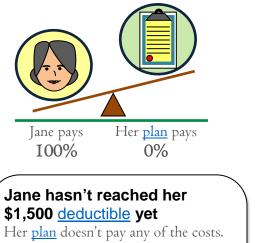
-0

Jane's Plan Deductible: \$1,500

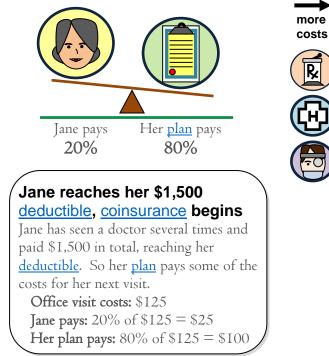
Coinsurance: 20%

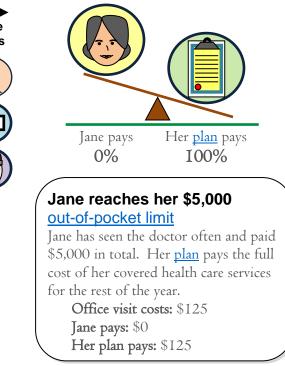
Out-of-Pocket Limit: \$5,000

January 1st Beginning of Coverage Period **December 31**st End of Coverage Period



Her <u>plan</u> doesn't pay any of the costs. Office visit costs: \$125 Jane pays: \$125 Her plan pays: \$0





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