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UnitedHealthcare Federal Programs Newsletter October 2023



There for you during Open Season



As we approach the Federal Open Season, UnitedHealthcare Federal Program's would like to remind you that we have many resources available to help make the best health decisions for you and your family by offering **FEHBP Medical, FEDVIP Dental & FEDVIP Vision Coverage.**

**Open Season for the 2024 Benefit Year:
November 13 – December 11, 2023**

October Holidays



- 1** WorldBreast Cancer Awareness
- 2** Youth Sports Week
- 10** World Mental Health
- 14** Hospice Care Day
- 30** International Podcast



Wellness Webinars in October

When you need help managing your health, we've got the tools that help make it easier and more convenient. Join our complimentary wellness webinar where we have a variety of topics including meditation, mindfulness, back pain, cooking/meal prep, sophrology, workouts and much more!

[Register Here](#)



UnitedHealthcare Retiree Advantage Plan

Federal retirees, it's time to take advantage of the UnitedHealthcare Retiree Advantage Plan. These are benefits you won't find anywhere else! Scan the QR code below or click learn more to find upcoming event information and Plan Offering webinars for 2024!



[Learn More](#)



Breakfast Burnout

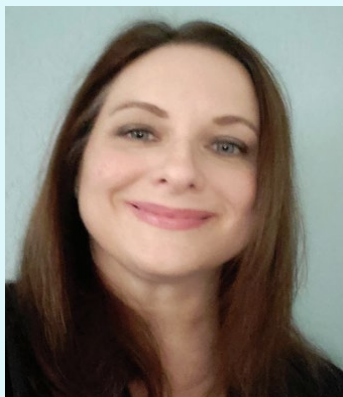
We all know these times are busy for everyone, whether it is with Open Season, the holidays, or work stress. Your health may put aside but it is time to stop racing out the door and time to invest in your health and well-being in the morning. Join our cooking webinar with Emily Sjazda on October 17th as she walks through simple recipes that will leave you feeling ready to tackle the day!

[Register Here](#)

Clinical Corner with Nurse Amy

Healthier by the Minute – Preventive Care Updates

Amy Hertog, BSN RN



Amy Hertog,
BSN RN



United
Healthcare

Sales and Outreach Team



UnitedHealthcare Federal Programs **Sales and Outreach Team** is here to support you and your agency. Please click the chat icon below to reach out!

Sales and Outreach Map



FEHB Contact Sheet



October Trivia!

What country did Halloween originate from?

- A. England
- B. Spain
- C. Ireland



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Team.

Please contact uhcfeds@uhc.com for
questions.



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