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UnitedHealthcare Federal Programs Newsletter February 2024



Happy February and Happy Black History Month! This month we would love to focus on each other, the people we serve, our communities, and our passions that drive us to do great work together! It's also an opportunity to recognize, educate, and celebrate Black History Month. We acknowledge the contributions and lived experiences from our employees across the enterprise and value their leadership at UnitedHealthcare. In this newsletter we hear from two team members that are also members of our DEI (Diversity, Equity, and Inclusion) Team. Rontavia and Vernie share their favorite quotes from inspiring leaders below. Happy Black History Month!



“As we continue to make strides and brake barriers in 2024 this quote comes to mind *"We should emphasize not Negro History, but the Negro in history. What we need is not a history of selected races or nations, but the history of the world void of national bias, race hate, and religious prejudice."* - Carter G. Woodson. He believed that all Americans should understand the overlooked achievements of Black Americans. I'm proud to be a Black American that believes in Peace, Justice, and equality for all.”



Rontavia Briscoe

FEHB & FEDVIP Account Manager
Diversity, Equity, and Inclusion Team

“One of my favorite quotes is from Barack Obama’s speech to supporters after the February 5th nominating contests... *"Change will not come if we wait for some other person or if we wait for some other time. We are the ones we've been waiting for. We are the change that we seek"*.”



Vernie Williams

Sales Operations Representative
Diversity, Equity, and Inclusion Team

Check out some of our resources!



February Wellness Sessions

We all know that the new year brings fresh opportunities for positive change. If you didn't start in January let's get that started for you in February! Join one of our **complimentary** wellness sessions this month, or in quarter one, including webinars such as Mindfulness for Boosting Creativity, Valentines Day Menu Planning, Kettlebells, Cooking Classes, and much more!

[Register Here](#)



Postal Service Health Benefits Program (PSHB)

Coming Soon! The **Postal Service Health Benefits (PSHB) Program** is a new, separate program within the Federal Employees Health Benefits (FEHB) Program, administered by the Office of Personnel Management (OPM) which will provide health insurance to eligible Postal Service employees, Postal Service annuitants, and their eligible family members starting in 2025.

[Learn more](#)

Clinical Corner with Nurse Amy

Healthier by the Minute – Virtual Visits

Amy Hertog, BSN RN



Amy Hertog,
BSN RN



Sales and Outreach Team



UnitedHealthcare Federal Programs [Sales and Outreach Team](#) is here to support you and your agency. Please click the chat icon below to reach out!

Sales and Outreach Map



FEHB Contact Sheet



February Trivia

What is the flower for the month of February?

- A. Violet
- B. Gardenia
- C. Lilly
- D. Sunflower



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