



UnitedHealthcare Federal Programs Newsletter

August 2026



At UnitedHealthcare Federal Programs, we're committed to helping you get the most from your health plan year-round. In this newsletter, you'll discover practical wellness advice, the latest program updates, and resources that can help support your health journey. Together, let's close out the summer feeling informed, empowered, and prepared for what's ahead.



Resources



Visit our Website www.uhcfeds.com

With UnitedHealthcare, you've got a helping hand in health care. Here, you can explore plan options that are designed to help you access quality care, enjoy a healthier life and keep costs in check. Check out our website at www.uhcfeds.com to learn more about our 2026 plan offerings and resources we have available.

[Visit Here](https://www.uhcfeds.com)



August Wellness Sessions

Finish the summer strong and join our complimentary wellness sessions! Webinars such as Joint & Mobility, Cooking Recipes, Stretching, Mindfulness and much more! Can't join live? No worries! We record each webinar so you can go back and rewatch as many times as you would like to.

[Register Here](#)



Connect with a doctor now

Whether on your computer via myuhc.com® or on your mobile device* via the UnitedHealthcare® app, Virtual Visits lets you and your covered family members video chat with a doctor 24/7. With Virtual Visits*, doctors can diagnose a wide range of non-emergency medical conditions such as bladder/urinary tract infections, bronchitis, coughing, migraine/headache, pinkeye, sinus problems and more.

Sales and Outreach Team



UnitedHealthcare Federal Programs [Sales and Outreach Team](#) is here to support you and your agency. Please click the chat icon below to reach out!

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August Trivia

Which fruit reaches its peak growing season in many parts of the United States during August?

☒ A. Pumpkin

☒ B. Watermelon

☒ C. Cranberry

☒ D. Persimmon



This email was sent by UnitedHealthcare Federal Programs Team.



Please contact uhcfeds@uhc.com for questions.