



Helpful resources, wellness tips, and program updates to help you finish summer strong.

FEATURED

Open Season 2027

Federal Open Season is almost here. While we update www.uhcfeds.com with 2027 benefits and rates, be sure to check back for the latest information, plan resources, and coverage details.

Open Season runs November 9 through December 14 (midnight ET).



Resources



Your federal health resources, all in one place.

At **uhcfeds.com** you can explore plan information, programs, tools and more!

- Compare plan options
- Find tools and resources
- Learn about programs
- Get enrollment support

[Visit Our Website](https://uhcfeds.com)



Wellness



Complimentary wellness sessions

Live and on-demand sessions to support your whole health.

- Joint & Mobility
- Healthy Cooking
- Stretching & Movement
- Mindfulness & Resilience
- Much more!

[Register Here](#)



Need help?



We're here to help

Our Sales & Outreach team can answer your questions and connect you with the right resources.



[Find your local representative](#)



[View the FEHB contact Sheet](#)

August Trivia

Which country celebrates Thanksgiving on the second Monday of October?



A. USA



B. Canada



C. UK



D. Australia

Let's stay connected.

Reach out our visit our website for any questions!

